



[www.harborchildcare.com](http://www.harborchildcare.com)

Jill Rooney  
Executive Director

June 29<sup>th</sup>, 2010

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**Dreamnastics**

Dr. Adam Glassman  
38 Great Neck Rd.  
Great Neck NY 11021

Dear Dr. Glassman,

On behalf of Harbor Child Care, I would like to thank you for your participation in our Child Health and Wellness Fair.

**EXECUTIVE OFFICES**

999 Herricks Road  
New Hyde Park, NY 11040

(516) 248-9855

E-Mail:

[Harborchild\\_jill@yahoo.com](mailto:Harborchild_jill@yahoo.com)

As you know, many families and individuals in our community do not practice the minimum daily requirement of exercise due to a variety of factors, such as, the structure of the home, the popularity of video games, certain time constraints and with many other various reasons. While all of us are susceptible to hard times, it doesn't mean our children's health should suffer from it.

**CENTERS**

93 Central Ave.  
Sea Cliff, NY 11579  
(516) 676-2445

999 Herricks Road  
New Hyde Park, NY 11040  
(516) 248-7048

North Shore - LIJ  
Health System  
300 Community Dr.  
Manhasset, NY 11030  
(516) 562-2575

700 Glen Cove Ave.  
Glen Head, NY 11545  
(516) 674-8395

30 W. Columbia St.  
Hempstead, NY 11550  
(516) 564-1523

Locust Valley at the  
Grenville Baker Boys  
and Girls Club  
135 Forest Ave.  
Locust Valley, NY 11560  
(516) 676-1460

With your participation in events like the Child Health and Wellness Fair, we hope to make families aware of how enjoyable and essential keeping active is to the mind and body for people of all ages.

Once again thank you for your participation and we hope to have you again next year. We are already working on making the fair a bigger and better experience for everyone.

Sincerely,

Jim Khottavong  
Project Coordinator  
Harbor Child Care



# Temple Torah of Little Neck



54-27 Little Neck Parkway

Little Neck, NY 11362

Phone (718) 423-1235

Fax (718) 428-3864

Shimon Lorber  
Co-President

Elsie Schneiderman  
Co-President

August 2, 2010

Dr. Adam Glassman, D.C.  
38 Great Neck Road  
Great Neck, NY 11021

Dear Dr. Glassman:

*Thank you* so much for appearing as the July guest speaker for Temple Torah's lecture series and for the informative speech you delivered last month regarding "*The Key to Longevity*". Numerous members who attended absolutely raved about your discussion - the topic was very well received by attendees.

Thanks for sharing your valuable time and expertise with us - we appreciate your sharing your valuable knowledge.

Sincerely yours,

Elsie Schneiderman  
Co-President

ES/eo