



We would like to welcome you to our office. Please take a couple of minutes to learn a little more about D.R.E.A.M. Wellness

At D.R.E.A.M. Wellness we offer the following services: Chiropractic, Nutrition, Acupuncture, Corporate Wellness Programs, DREAMNASTICS and more. Please visit our website for more information: www.dreamwellness.com

**Adam Glassman, D.C., C.A.C.C.P.
Specializing in Family Chiropractic Care
Nationally Certified in Pediatrics and Pregnancy**

The logo for D.R.E.A.M. Wellness features the letters 'D', 'R', 'E', 'A', and 'M' in a light blue, serif font, separated by small white dots. The letter 'A' is replaced by a 3D pyramid icon with a purple-to-blue gradient. Below this, the word 'w e l l n e s s' is written in a white, lowercase, serif font, with horizontal lines extending from the left and right sides. A bright light source at the top center creates a lens flare effect over the letters.

D · R · E · A · M
— w e l l n e s s —

Our mission at D.R.E.A.M. Wellness is to provide the highest quality care to people of all ages. We strive to not only correct a person's health problems, but to educate and empower our patients so that they do not encounter similar problems in the future.



D · R · E · A · M
w e l l n e s s

Dr. Adam Glassman is the owner and lead doctor at D.R.E.A.M. Wellness.

Dr. Adam Glassman is a magna cum laude graduate of Life University School of Chiropractic in Marietta, Georgia and received his bachelor's degree from the University of Maryland at College Park, where he was a recipient of a Presidential Scholarship.

Currently, Dr. Glassman is the President for the Nassau District of the New York Chiropractic Council. He is an active member of the International Chiropractic Pediatric Association (I.C.P.A.) and the Holistic Pediatric Association

Dr. Glassman is one of a handful of Chiropractors in New York with a special certification to work specifically with pediatric and pregnant patients. He is certified in the Webster Technique which is a specialized technique to reduce intrauterine constraint and help in the alignment of the pelvis, specifically performed on pregnant patients. Please feel free to visit the website www.icpa4kids.org for more information on this specialty.

Dr. Glassman resides in Great Neck with his wife Sarah, a licensed and certified school social worker, and his daughter Eliana.

The logo features the acronym 'D.R.E.A.M.' in large, light blue, serif capital letters. The letter 'A' is replaced by a 3D pyramid with a purple-to-blue gradient. Below the acronym, the word 'wellness' is written in a smaller, white, lowercase serif font. The entire text is centered and flanked by horizontal lines. A bright light source at the top center creates a lens flare effect over the 'A' and 'M'.

Common reasons why an adult visits a Chiropractor

- **Wellness Evaluation**
- **Peak Performance**
- **Posture Evaluation**
- **Improved Health**
- **Pregnancy**
- **Headaches**
- **Neck Pain**
- **Low Back Pain**
- **Numbness and Tingling**
- **Sciatica**

D · R · E · · M

— w e l l n e s s —

Common reasons why a child visits a Chiropractor

- Ear Pain
- Colic
- Allergies
- Bed Wetting
- Digestive Problems
- ADD/ADHD
- Autism
- Decreased Immune Function



D · R · E · · M

— w e l l n e s s —

We use State of the Art Technology

- Spinal Thermography
- Surface Electromyography (sEMG)
- Wireless Range of Motion

The Insight™ technology has also received exclusive certification as a Certified Space Technology™ by The Space Foundation, which is co-founded by NASA.



D · R · E · · M

— w e l l n e s s —

Treatment May Consist Of:

- Chiropractic Care
- Therapeutic Exercises
- Home Care Recommendations
- Spinal Pelvic Stabilizers
- Nutritional Advice
- Additional Wellness Services

Also, we can utilize Light Force techniques



Activator



Adjustor



What is a Corporate Wellness Program

- Onsite Chiropractic care
- Onsite Massage Therapy
- Onsite Nutritional Counseling
- Wellness Workshops and Lectures

** If you would like more information, please contact Dr. Glassman*



The Gift of Wellness

At our office we encourage family wellness Chiropractic Screenings. If you have a family member that you would like to be screened, please feel free to invite them to our office for a complimentary screening.



Contact Us

- We are always here to answer any of your questions. If it is important you, it is important to us
- Our website is www.dreamwellness.com
- Our phone number is (516) 829-8099 or please email me at aglassman@dreamwellness.com